

Chapter 1

What is Gentle Molding?

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The world of eye care is one of the fastest evolving fields of medicine today. Never before have there been so many new techniques and scientific breakthroughs.

Can you imagine the joy of waking up in the morning and not having to wear glasses or contact lenses during the day? It would free you up for a host of activities that you may otherwise avoid because of your need to wear glasses or contact lenses.

Now it's a reality. Wear special therapeutic contact lenses while you sleep and awake in the morning with improved natural vision. Usually, within days to weeks, dramatic vision improvements occur. You need only wear retainer lenses periodically, much like dental retainers. The retainer contact lenses may be worn while you sleep a few nights a week or nightly.

The goal is good vision without glasses or contact lenses during the daytime hours.

GM's popularity as a non-surgical alternative of choice to refractive surgery is sweeping the country. Gentle Molding has been in practice for 40 years. So it has a great track record as a safe, effective method of correcting myopia. The major reason for its recent popularity has to do with the new **GM** procedures that have been developed with much faster and greater vision improvement. With the new advances in lens design and computerized corneal analysis, excellent results are common. This has created a high level of interest in this wonderful procedure.