

Chapter 6

An Inside View of Your Procedures

ON THE FIRST DAY OF YOUR PROCEDURE Expect this visit to last approximately 30 minutes.

The Initial Contact Lens Fitting

There are several steps to fitting the Therapeutic GM lenses. The new contact lenses will be placed on your eyes by your doctor or an assistant.

You will have an adaptation period of 10 to 20 minutes. During this time you will feel a slight awareness of the lens on the lid and eye much like an eyelash. Your eyes may tear in response.

You will be instructed in the proper method of lens insertion and removal and the hygiene associated with cleaning the lenses. You will be given all the solution and instructions necessary to handle this at home. During this instruction, you will need to demonstrate proficiency with insertion, removal, and centering of your lenses.

The doctor will then discuss your lens wearing schedule with you. To ensure the best possible results, it is essential that the wearing schedule be followed closely. During night wear, the eyelid covers the lens; this results in very little lens movement. You likely will have very little feeling of the lenses the first night. The lenses are highly oxygen permeable so the cornea will not be deprived of oxygen while sleeping.